



The Owlbear Lair

TTRPG Character Personality Worksheet

Use this worksheet to flesh out character traits. Fill out sections in whatever order you like. Feel free to go back and make changes as your character takes shape.

Game Setting

Game System:							
Genre/Setting:							
Campaign Mood:	Light		Funny		Dark		Serious
Other:							

Demographics

Character Name:									
Age Range:	Child		Young		Middle Age		Old		Ancient
Age in Years:									

Choose 3 or more words that describe your character.

Match traits that either compliment or contrast. Ex: “Tough & Confident” or “Greedy but Kind”.

Smart		Funny		Distant		Cynical	
Confident		Suspicious		Emotional		Friendly	
Quiet		Naïve		Greedy		Helpful	
Trusting		Rough		Not Smart		Experienced	
Eager		Oblivious		Observant		Secretive	
Nice		Heart of Gold		Needy		Refined	
Sarcastic		Opportunistic		Loud		Ambitious	
Serious		Tough		Devout		Impulsive	
Add Your Own							

Core Goals and Roadblocks

Don't overcomplicate it. Try to keep it short.

What does my character want from life?
Why do they want this?
How will this adventure help them get it?
What is standing in their way?

Describe Your Character

Use the choices you made in the sections above to write a short description of your character.

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